



NORTHERN SUBURBS FOOTBALL

EST. 1957

Managing a positive COVID19 case

Responding to Covid-19 cases and suspected cases in football (For guidance only)

In all situations where a case or suspected case of Covid-19 is reported, advice should be sought from the National Coronavirus Health line on 1800 020 080.

Reference can also be made to the [Health Direct Coronavirus website](#) and [NSW Health Coronavirus Self Isolation Guidelines & Information](#)

Football NSW is not in a position to provide medical advice in relation to Covid-19, however we have sought advice from the National Coronavirus Health line on a number of occasions and provide the following information for guidance only as the advice can vary depending on individual circumstances.

For someone feeling unwell

- Call the National Coronavirus Health line on 1800 020 080 (24 hour helpline)
- Refer to the [Coronavirus Health Direct Symptom Checker](#)
- Visit a [COVID-19 Testing clinic](#)
- [Call their Doctor](#)
- [Visit the Emergency Department](#)

If a club is advised that a player is being tested for Covid-19

- The player being tested self-isolates until the test results are received.
- The rest of the team can continue to train and play while the player awaits their test results
- There is no requirement to notify anyone that a player is being tested
- There is no NSW Health requirement for training to be cancelled
- It is up to the club whether it cancels training or playing during this time as a precaution. Consult with your Association or FNSW if unsure.
- If anyone else in the team becomes symptomatic or feels unwell provide them with the information provided above for someone feeling unwell.

If a player tests positive and a club is advised of a confirmed case of Covid-19

- Most important is to follow the advice of health authorities
- The person with Covid-19 will be advised to immediately self isolate (the person should be advised of this by their GP or health authorities)
- Assess whether the person who tested positive has come into [‘close’ or ‘casual’ contact](#) with other players or officials

- Advise players in 'close' contact to self isolate and refer to the [NSW Health Close contact factsheet](#) or call the National Coronavirus Health line on 1800 020 080 (24 hour helpline)
- Advise players in 'casual' contact to refer to the [NSW Health Casual contact factsheet](#) or call the National Coronavirus Health line on 1800 020 080 (24 hour helpline)
- During this time NSW Health will undertake contact tracing to determine who has been in close contact or casual contact with the positive case.
- The advice given by NSW Health to the club and individuals may vary depending on the results of the contact tracing.
- Players should only return to training and playing following NSW Health advice or a medical clearance. Refer to the [NSW Health self isolation guidelines](#).

Close or Casual Contact Definitions

Close Contact is someone who:

- has had more than 15 minutes of face-to-face contact over the course of a week (in any setting) with a person with [confirmed or probable](#) COVID-19 (including in the 48 hours before their symptoms appeared)
- has shared a closed space with a person with confirmed or probable COVID-19 for more than 2 hours (including in the 48 hours before their symptoms appeared)

Close contacts of a person with a confirmed or probable COVID-19 infection are [at higher risk of infection](#). However, it's important that everyone understands the symptoms of COVID-19 and seeks medical attention if feeling unwell.

Casual Contact is someone who has been in the same general area as a person who has tested positive for COVID-19 while infectious. You are a casual contact if:

- you have had less than 15 minutes face-to-face contact over the course of a week (in any setting) with a [confirmed or probable](#) case (including in the 48 hours before their symptoms appeared)
- you have shared a closed space with a confirmed or probable case for less than 2 hours (including in the 48 hours before their symptoms appeared)

Casual contacts do **not** need to be excluded from work or school while well. You must closely monitor your health and if you experience any symptoms, you should [isolate yourself](#). Use the [Coronavirus Health Direct Symptom Checker](#) if you develop symptoms such as [fever](#), [cough](#), [sore throat](#) or [shortness of breath](#).

Further Information

- National Coronavirus Helpline on 1800 020 080 (24 hour helpline)
- [National Health Direct Coronavirus website](#)
- [NSW Health Coronavirus website](#)
- [Coronavirus Testing Information website](#)
- To speak to a Registered Nurse at NSW Healthline call 1800 022 222.
- Further information is also available at www.health.nsw.gov.au and www.health.gov.au.